



# Activities 2024

WE INVITE YOU TO GATHER YOUR GROUP OF COLLEAGUES, FRIENDS, STUDENTS, ETC  
AND LET'S CROSS OUR AGENDAS TO PLAN YOUR WORKSHOP!

## ACTIVITIES ABOUT TREES

### Tree Walks - Meeting with trees in town

We guide you through Brussels, its parks, streets and woods to discover its most beautiful trees. We reveal their secrets to you. Duration: 2h. Price: 15 € (or 20-25 € to support the voluntary work to develop our platform, its contents and activities)

Other languages (FR, IT, ES), dates, places can be organized for private visits on request: in Leopold's Park, Ixelles, Josaphat's Park, Wolvendael Park, Botanique's Park, Meise botanical gardens, , Arboretum of Tervuren.

[Info and bookings](#)

## ACTIVITIES AT THE HEART OF THE FOREST

### The Sonian Forest, Brussels's healer

Shinrin Yoku forest bathing (Japanese sylvotherapy) with a certified guide. Discover the woods in a different way: in slow motion, with all your senses open (there are more than 10!). A breakout of time to feel good, to reconnect with yourself, with nature/forest life and with other people. Duration: 3h

In partnership with [Sylvolutions.eu](http://Sylvolutions.eu)  
Other languages (EN, IT, ES), dates, places can be organized for private visits on request

[Infos and bookings](#)

## WORKSHOPS, MEETING, FOREST BATHING, TEAMBUILDING "A LA CARTE"

We facilitate workshops on the forest's intelligence, as well as on the superpowers of trees

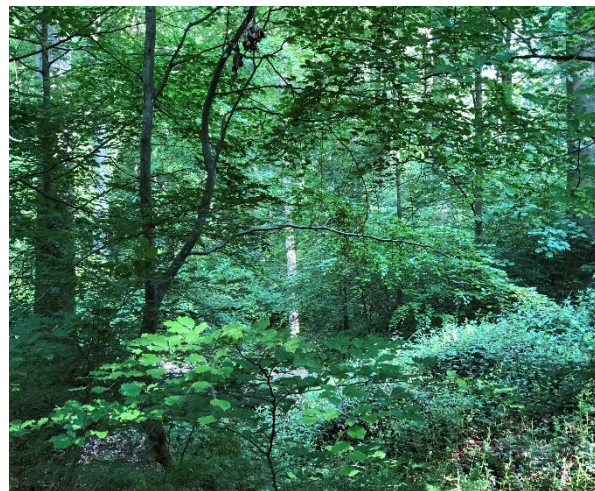
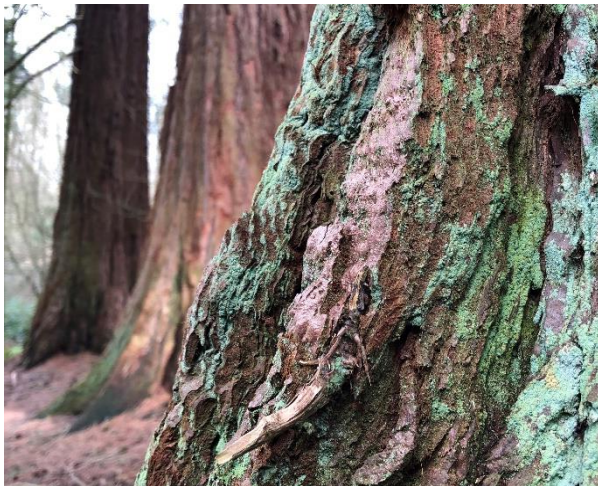
We organise conferences, fun and educational workshops to discover the secrets of the urban forest.

We come to meet you in schools, companies, associations, collectives, libraries, academies, etc.

We take you into amazing places in the Forest.

**INFOS AND BOOKINGS – 0494 36 92 54**

[woodwideweb.brussels@gmail.com](mailto:woodwideweb.brussels@gmail.com)



BY YOURSELF – [SEE OUR ONLINE WALKS](#)



More on our [Facebook group](#)  
See you soon at the foot of the trees!